



4 December 2013, 1000 – 1130 hours, The Arena, Caserma Ederle

VICENZA Military Community

Info X

Agenda

- Introduction/Master of Ceremony Public Affairs Office
- *Hot Topic(s)
- Recognitions
- Community Updates
- Open Forum
- ❖ POC: Robin Gonzales, DFMWR, DSN 634-5087, email: alfredo.z.gonzales2.naf@mail.mil
- ❖ Next Info X 5 February 2014, 1000 1130 hours, The Arena, Caserma Ederle





Hot Topics

DPW Issues: Snow Removal/ECO Center
Tentative Trucking Strike & Holiday Mailing Deadline
Changes to Tuition Assistance
FMWR Events
Health of the Force – Finance
USAHC – Pharmacy Issues



Why RECYCLE

Mr. Robert Clarke
Director of Public Works



To comply with Italian Law - Recycling Laws here in Italy are more stringent than in the US

To save Army dollars – Solid Waste disposal cost for the Garrison are approx 2mil Euros

To avoid a fine - If you get caught not Recycling results in fines of 500 Euros = \$750

To create a cleaner community and healthier environment

The ECO Center is located in the "North 40", behind the Ederle Inn.



HOW DO I SORT MY WASTE?











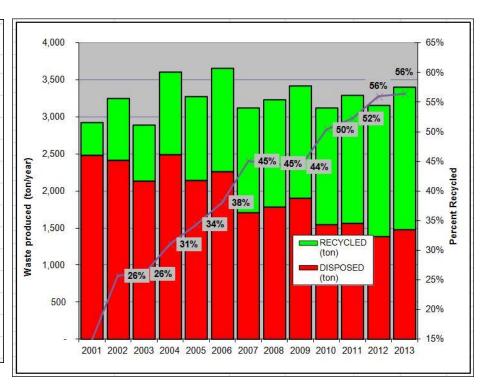


HOW DO I SORT MY WASTE?





Historical Perfomance (Solid Waste)				
YEAR	DISPOSED (ton)	RECYCLED (ton)	TOTAL (ton)	% RECYCLED
2001	2,492	435	2,927	15%
2002	2,417	837	3,255	26%
2003	2,144	754	2,898	26%
2004	2,493	1,120	3,613	31%
2005	2,149	1,126	3,275	34%
2006	2,265	1,392	3,657	38%
2007	1,717	1,409	3,126	45%
2008	1,790	1,445	3,235	45%
2009	1,912	1,508	3,420	44%
2010	1,553	1,576	3,129	50%
2011	1,574	1,723	3,297	52%
2012	1,393	1,770	3,163	56%
2013	1,485	1,923	3,408	56%



DoD Measures of Merit had set a goal of 50% recycling/diversion by 2012 starting from the 2001 baseline.

Vicenza Garrison is currently at 56%



Snow Removal Plan

Mr. Robert Clarke
Director of Public Works



Snow Removal Plan

In case of inclement weather/snow forecast, DPW will:

- Ensure that there is enough salt in the containers dislocated throughout all installations
- Ensure that everyone is aware of sidewalk clean up responsibilities

Upon receipt of a call from the Garrison EOC, DPW will:

- Ensure that Roads and Grounds personnel report to duty on Caserma Ederle and dispatch 2 crews to Longare/Villaggio and Del Din
- Clear main roads first
- Clear parking lots
- Clear sidewalks





Tentative trucking strike & Holiday Mailing Deadline

Mr. Corey Kerzmann Ederle PSC Postmaster



There is a tentative trucking strike in Italy from 9-13 Dec 2013.

If it occurs, it will interfere with the last holiday mailing deadline for Priority Mail, set for 10 Dec.

To ensure packages arrive by 25 Dec, please mail early. The last day to mail and avoid strike delays is Friday 6 Dec. Anything mailed then will be out of Italy prior to the strike!

We would like to take this opportunity to remind the community that our Saturday hours began 23 Nov and run through 21 Dec. Take advantage of this opportunity to avoid lines at the Postal Service Centers and mail early!





Changes to Tuition Assistance

Mr. Robert E. Cruce Education Service Officer

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General guidance: this new policy is designed to maximize TA for all Soldiers across all components in a constrained budget environment, for classes starting 1 Jan 14 or later.

Key points:

- Soldiers will be eligible for TA upon completing one year of service following graduation from AIT.
- Soldiers can use TA for up to 16 semester hours per year. (16 X \$250 cap = \$4,000)
- Soldiers can use TA for a second (must be higher-level) degree once they have 10 years of service.
- Soldiers may receive \$250/SH for up to 130 SHs for completion of a bachelor's degree and 39 SHs for a master's degree.

Detailed guidance due shortly.



FMWR Events

Mr. Christopher Bradford Director, Family Welfare and Recreation



FMWR Events

- The Lumineers Tomorrow, 5 December @ doors open at 1630 hours,
 Caserma Ederle Fitness Center Gym, concert begins at 1700 hours
- Tree Lighting 6 December @ 1600 hours, outside building 393 on No-name Street
 - High School Band and Choir
 - o ANA Alpini Choir from Thiene
- Cupcake Challenge results immediately following the Tree Lighting,
 Ceremony in the Caserma Ederle Teen Center Gym
 - Santa will be there for pictures, so don't forget your cameras
- "Celebrate Christmas" Holiday Show from December 6-17 Soldiers' Theatre
 presents their annual holiday show, "Celebrate Christmas".
 Enjoy this amazing community show on Fridays & Saturdays at 7:30 p.m.
 and Sunday Matinees at 2 p.m., December 6-17.





Financially Fit, Financially Ready

Ms. Allison Wunsch
Financial Readiness Program Manager
& Army Emergency Relief Officer

allison.n.wunsch.civ@mail.mil

DSN: 634-8524/8634/7500 CIV: 0444-71-8524/8634/7500



Potential Sources of Financial Stress

- Upcoming Holiday Season comes without new deployment savings/extra wages
- Impact of Furlough and Shutdown on our GS Employees
- Reenlistment and the Army Transformation
- Travel During the Holidays high costs and unplanned expenses!
- Baby Boom 35 births scheduled for December/January
- Holiday Presents, Parties and Meals: Costs add up quickly!



Financial Tools and Resources

Financial Readiness at ACS (**634-7500/0444-71-7500**) offers personal financial information and services. Presentations are exportable to Units/groups and can be tailored for your specific needs.

Informational classes and individual appointments available for:

- -Budgeting & Money Management
- -Credit Conditioning (Credit Reports, Scores, the Cost of Credit)
- -Saving and Investing (emphasis on TSP)
- -Consumer Empowerment (BBB, CFPB, FTC)

Military One Source: Personal Financial Counselors are available at 001-800-342-9647.

Federal Employee Education & Assistance Fund (FEEA): www.feea.org for emergency financial needs of Civilian Federal Employees.

Army Emergency Relief (AER): www.aerhq.org: 0% interest loans and grants for emergency needs of Active Duty Service Members and their Families.

Red Cross Hotline: For after-hours emergency financial assistance call (001) 877-272-7337.





Behavioral Health Resources During the Holidays

COL Robert McKenzie Behavioral Health OIC

DSN: 636-9140 CIV: 0444-61-9140 SGT Jason Moore Behavioral Health NCOIC

jason.h.moore14.mil@mail.mil

DSN: 636-9140 CIV: 0444-61-9140



Hours of Operation & Services

- Department of Behavioral Health located at the Health Center (Monday, Tuesday, Wednesday, Friday) 0730-1630 (Thursday) 1230-1630 Closed December (25, 27, 30) and January (1, 2).

-Embedded Behavioral Health located at Del Din(Bldg. 2) Closed for Block Leave December 23-January 3.

-Emergency After-Hours Care

Chaplain's Hotline

CIV: 0444-71-5273 or DSN: 634-5273)

Military Police Desk

CIV: 0444-71-7233/7626 or DSN: 634-7233/7626



Military & Family Life Consultant Program

MFLCs are available to all Community Members.

Please feel free to contact any MFLC if you need assistance.

Community MFLC: 333-489-8967

173rd Embedded MFLC: 345-077-0476

BSB/BSTB Embedded MFLC: 347-229-3781



Pharmacy Operations USAHC-Vicenza

COL Andrew Barr Commander, USAHC-V

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Pharmacy Workload

- Fill approximately 300 prescriptions daily (over 100 patients/day)
- Manage medications for patients in the Birthing Center and Surgery
- Prepare pre-filled medications for dispensing at Del Din SCMH
- Hours of Operation:
 - M-W + F (0800-1630)
 - Thursday (1300-1630)
 - Closed Training Holidays, Holidays, and Weekends

Upcoming Improvements

- Pharmacy Remodel to add windows
- Electronic queuing system (Spring 2014)
- Guest Wi-Fi

What are all those people doing behind the counter?

- The Pharmacist
 - Ensures patients receive the right medication and perform patient education
 - Trains and guides volunteers and technicians
 - Provides care coordination and recommendations to providers
- Pharmacy Technicians
 - Provide initial patient screening
 - Collects patient information, fills prescriptions, and prepares for pharmacist check
 - Manages over 1500 different medications
- Volunteers (always welcome!)
 - We currently have 3 regular volunteers
 - Help based on experience level and education



Frequently Asked Questions

Q: How can I skip the wait?

A: Fill out a drop box form and return later

**Can be used for new prescriptions, refills and renewals

**When revisiting the pharmacy, don't pull a number...just stand between the two red ropes

**You have 10 days to pick up drop box requests

Q: How do I get a refill?

A: There are three options

- 1. TRICARE Online
- 2. Automated refill system (636-9133 or 0444-61-9133)
- 3. Drop-box and return

**You have 10 days to pick up drop box requests

Q: Who do I call with questions?

A: You may call the Pharmacy at 636-9103 (0444-61-9103) or the Appointment Line at 636-9000 (0444-61-9000)

Q: How can I get a "cold pack", self-care, or over-the-counter (OTC) medications?

A: Pull a number then complete a self-care questionnaire located on the "drop-box" table in the pharmacy lobby.

**Pharmacy staff will review your needs and current medications and ensure you receive the correct medications.

Q: Can I pick up meds for someone else?

A: YES...with their military ID card or a photocopy/image front and back.

**A smart-phone photo will work!

**If you forget your ID card, we can accept two forms of official government photo ID.

Q: What else does the Pharmacy offer?

- 1. Prescription transfers from other pharmacies (ask for details)
- 2. List of your active medications (upon request)
- 3. Emergency contraception (Plan B)



USAHC-V Holiday Schedule

Wednesday, Dec 25 Christmas Day Only the Birthing Center (BC) will be open

Regular hours

Regular hours

Thursday, Dec 26

Friday, Dec 27 Training Holiday Only the BC will be open

Monday, Dec 30 Training Holiday Only the BC will be open

Tuesday, Dec 31

Wednesday, Jan 1 New Year's Day Only the BC will be open Thursday, Jan 2 Training Holiday Only the BC will be open

Community Healthcare Forum

You are invited to attend the first quarterly Community Healthcare Forum to discuss medical, dental and veterinary health services in the Vicenza Military Community.

The Community Healthcare Forum provides VMC Healthcare Leaders an opportunity to offer information to the community about our healthcare services and receive feedback from community members so that we may improve services for the entire community.

We value your input as we strive to deliver excellence in healthcare quality and access to care.

Date: December 11, 2013 Time: 10:00a.m.-11:30a.m.

Where: Building 300A (next to the Italian Mensa)



Military Community

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RECOGNITIONS



Mari McKenzie Vicenza High School Booster Club

Mari McKenzie has put in over 1,000 hours as the VHS Booster Club president. She is at every game, fundraiser & sports tournament helping out, raising funds for scholarships, providing support and assistance to athletes, parents and all sports teams. Her spirit, enthusiasm and energy have made the Booster club a vital organization in our community.





Austin Walker Nominated by the American Red Cross

As a member of the Vicenza High School Red Cross Club, Austin positively represents the American Red Cross and the Vicenza community through his willingness to assist with special events supported by the club. Austin is becoming a Health and Safety instructor so as to be able to instruct community members in CPR, First Aid and the use of an AED. He is a positive role model for other youth in our community and is well respected by his peers.





Additional InfoX Requirement for

Service Providers

Please, send a brief message with the details of your announcement(s) you are making at today's InfoX to:

alfredo.z.gonzales2.naf@mail.mil



Community News – Service Providers

- **❖** DES
- **❖ DFMWR**
- ❖ DPW
- ❖ DHR
- **❖** DOL
- **❖ DPTMS**
- * AAFES
- ❖ DoDEA
- Religious Support Office
- Installation Safety Office
- **❖** EEO
- ❖ 509th SIG BN

- ❖ HRO
- ❖ AFN
- Health Center
- ❖ Dental Clinic
- Italy Finance Office
- Installation Legal Office
- American Red Cross
- ❖ Health Promotion
- ❖ DECA
- **❖ USO**
- ❖ PAO
- ❖ IG





South of the Alps DFAC Holiday Hours

1LT Sean Rosenberg 1-503 IN



South of the Alps DFAC Holiday Hours

DATE	HOURS	
13-15 December	Closed	
19-20 December	Brunch 0930-1300 Supper 1630-1800	
24-25 December	Closed	
31 December- 1 January	Brunch 0930-1300 Supper 1630-1800	
6-23 January	Closed	

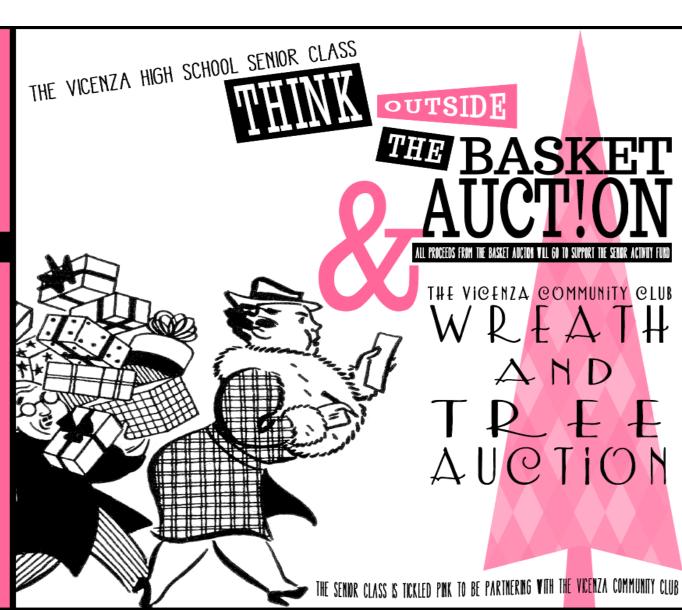


2 GREAT EVENTS AT 1 VENUE!

SATURDAY

3PM - 7PM at the Golden Lion

- · VIN UrrûLée
- · hot Chili
- · Roasted Chestnuts
- · Photos With Santa
- Holiday Music featuring the VHS Rhythm & Urlues Urand







Open Forum



InfoX Schedule

Wednesday, 5 February 2014 Wednesday, 5 March 2014